Tom Knost, Senior Director of Programs, Continuum of Colorado t.knost@continuumcolo.org



Bio:

Tom Knost received his bachelor's degree in psychology from The University of Cincinnati in 1997. After graduation, he worked in the mental health field with children and adolescents in Ohio, Arizona, and Colorado. Tom came to work for Continuum of Colorado in 2003 and has had the opportunity to support many of the different programs Continuum has to offer. He was promoted to director in 2013 and values the opportunity to be part of an agency that is committed to supporting individuals in the manner in which they would like to be supported.