

Kate Veeder, LCSW
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Lacuna Consulting, President & Consultant

Kate has been deeply involved in Colorado's Intellectual and Developmental Disability (IDD) system since 2008. Over the years, she has had the privilege of managing a variety of programs, ranging from day services to employment initiatives, as well as respite and residential support and serve in many positions including Direct Support Professional, Program Director, Host Home Provider, Therapist, Clinical Director, Board President, and Executive Director of Organizational Strategy. Kate is a Licensed Clinical Social Worker (LCSW) whose work has always been driven by a passion for making a meaningful impact on the lives of individuals and families impacted by various disabilities, to help fill gaps in services, and to create innovative person-centered supports.

Ashley Withington, RN
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Lacuna Consulting, Nurse Consultant

Ashley has supported individuals with disabilities for more than 20 years across various settings, including supported living services, residential and respite care, and para educator, among others. She holds an undergraduate degree in Human Development and Family Studies from Colorado State University and a Bachelor of Science in Nursing from Metropolitan State University of Denver. Her nursing expertise lies in acute rehabilitation, where the focus is on supporting individuals with acquired disabilities to regain independence. As a nursing consultant, Ashley offers person-centered nursing support to individuals with disabilities that address their medical, physical, emotional, and social needs, while also supporting and educating their caregivers to ensure a holistic and sustainable approach to care. She provides support with medication management including medication administration assessments, QMAP training, and Medication Administration Records. Ashley provides multidisciplinary collaboration through the coordination of health care providers to create comprehensive care plans. With her expertise in direct patient care, as well as her extensive personal experience working with individuals with disabilities, she is uniquely equipped to offer patient-centered care to people with disabilities that integrate medical and psychosocial well-being.