Sarah Meek currently serves as the Director of Legislative Affairs for the American Network of Community Options and Resources (ANCOR). In this position, Sarah directs all of ANCOR's federal advocacy and manages relationships with Capitol Hill.

From December 2012 – October 2017, Sarah Meek was the Director of Public Policy and Advocacy for Lutheran Services in America – Disability Network (LSA-DN). LSA-DN is a nationwide association of Lutheran social ministry organizations serving the needs of people with intellectual and developmental disabilities. LSA-DN includes 25 organizations that support more than 150,000 individuals in 33 states. Sarah directed all federal advocacy activity on issues affecting persons with intellectual and developmental disabilities, including long-term services and supports, housing, employment and transportation.

Sarah has a background in federal government public policy and grassroots advocacy as well as programs in aging and disabilities. She has a B.A. in Political Science from Southwestern University in Georgetown, TX and a Master of Social Work in Community Empowerment and Program Development from the University of Georgia School of Social Work.