


Client: Debbie

Staff: Bob

Date: 1/23/2019

 Life Skills Assessment	Level of Independence				
	1	2	3	4	5
	Never	Rarely	Sometimes	Usually	Always
Home, Health and Safety	Total assistance & instruction	Direct prompting & instruction	Minimal prompts, little instruction	Spot check, occasional reminders	Independently
Does household chores (cleaning, dishes, laundry)	1				
Able to buy own groceries	1				
Can prepare a meal safely	1				
Cleans home (i.e. vacuum, dishes, laundry)	1				
Makes healthy food choices			3		
Exercises regularly		2			
Maintains good hygiene (toileting, showering, cleanliness)	1				
Appears clean and appropriate in public			3		
Prepares for the day effectively				4	
Has a functional sense of time (uses a calendar/clock)					5
Aware of weekly schedule					5
Can communicate name, phone number & address				4	
Understands fire safety			3		
Community					
Is punctual					5
Maintains consistent attendance			3		
Crosses the street safely					5
Aware of safety in public and with strangers		2			
Travels using public transportation	1				
Problem solves effectively if lost		2			
Carries ID card, Clipper Card and emergency info				4	
Carries and uses cell phone appropriately (i-pPad)			3		
Can complete a transaction at a store (use dollar up)		2			
Responsibly monitors spending/budget money	1				
Social/Recreational					
Interpersonal skills (greet others, eye contact, etc.)				4	
Has hobbies & interests				4	
Engages in appropriate conversations		2			
Exhibits age appropriate behavior			3		
Knows and adheres to pleasant manners			3		
Has a positive attitude; friendly, likeable disposition			3		
Has friends and cares about/shows interest in others				4	
Makes plans outside of program	1				
Behavior					
Accepts feedback and instruction		2			
Communicates wants and needs			3		
Asks for help when needed		2			
Controls temper / manages frustration		2			
Flexible when unexpected changes occur			3		
Average Level of Independence					2.7

