j0287000People PLanning Together

A training for Self-Advocates

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| What Is It?  People Planning Together (also called PPT) is a training for people with intellectual disabilities to have more positive control over their lives. People spend time identifying the meaningful things in their lives and building it into a plan that can be shared with others.  The course is designed to help people work in partnership with a “Secretary” or advisor who will help support them during the two-day course. |
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**Share Your Favorite Things!**

# Why Participate?

It’s Fun!

It’s Empowering!

You learn a lot about yourself!

# When

June 2nd & 3rd (Saturday and Sunday)   
9:00 am – 2:00 pm each day  
Colorado Fund for People with Disabilities  
1355 South Colorado Boulevard, Suite 920  
Denver, CO 80222

## **REGISTER**

**Registration is free.** Pre-register by May 31st, 2018. We will not be able to accommodate walk-ins. Please complete the registration form online [HERE](http://www.123formbuilder.com/form-2956346/People-Planning-Together-Registration-Form), or complete the attached paper registration form.   
  
Contact Ellen Jensby with questions at (303) 832-1618, extension 13 or [ejensby@alliancecolorado.org](mailto:ejensby@alliancecolorado.org).

What would you like to change in your life? There’s a way for YOU to make that happen!

# What Do we do in class?

You will spend time identifying the things that are Important TO you so you can be happy. You spend time identifying the the things that are Important FOR you to be healthy and safe. YOU decide what works for you and how people can support you in the way that makes the most sense for you to be happy and healthy at the same time!

## **TO BE SUCCESSFUL**

People need to bring a “Secretary” or advisor with them for any supports that might be needed. People who have gone through the class said it was helpful to have someone that:

* helps write things down
* gives support with reading
* helps talk about the different topics and understand what’s going on
* helps with any personal needs someone might have

The Secretary/advisor is someone who knows and cares about the Self-Advocate and who makes a commitment to attend the full training. They understand and listen to the person. They are willing to support the person’s dreams and goals (and not tell them what to do). Attendees say it is nice to have that support and that two heads are better than one!! But, people need to know it can be hard and takes time to go through everything!! One secretary or advisor may support multiple self-advocates during this course.

# What Do I need To know about the class?

Plan on spending 2 days for the class. It will begin at 9:00 am and end at 2:00 pm each day. Please make arrangements to be on time for the class. Both you and your Secretary/advisor need to be there for both days, so make sure you don’t have any other plans. Lunch will be provided. Remember to bring a pen in order to write in your workbook. On the second day, we will spend time going over your Service Plan, so please bring it with you if you have one. If you don’t have one, that’s ok.

This training is for self-advocates. **Providers may not attend unless invited by a Self-Advocate to assist them in developing their plan.**

**Share what others need to know for you to be Happy and Healthy!**

# ABOUT THE FACILITATOR

Sherrie Anderson has worked in the field of disability services for over 35 years. A passionate interest in person-centered and person-directed living is at the heart of all her efforts. Starting in the early 1990’s, Sherrie received her training and mentoring from a variety of internationally recognized practitioners, including learning Personal Futures Planning, MAPS, and PATH. As a mentor trainer in The Learning Community for Person Centered Practices, she supports potential trainers to develop their skills and practices in training others. Sherrie’s work history includes roles as a direct support professional, vocational trainer, secondary special education teacher, residential group home manager, and various training and statewide technical assistance roles.

## **PLEASE NOTE**

While there is no fee for this training, attendees are responsible for their own travel and lodging arrangements. Travel stipends of up to $250 are available to those traveling more than 25 miles for the class. Free lunch and light morning snacks will be provided. We will do everything possible to accommodate dietary needs, but if you have severe food allergies, you may want to bring a sack lunch. We recommend bringing a light-weight jacket or sweater as well.   
  
This class is sponsored by Alliance, a nonprofit, statewide association of Community Centered Boards and Program Approved Service Agencies dedicated to strengthening services and supports for individuals with intellectual and developmental disabilities. In 2015, Alliance was awarded grant funding to create person-centered training opportunities to people with IDD, their families, advocates, and service providers. Providers may only attend this class at the request of a self-advocate.

**People Planning Together Registration Form**  
June 2nd and 3rd, 2018 at the Colorado Fund for People with Disabilities  
1355 South Colorado Boulevard, Denver, CO 80222

**Due to the sensitive nature of sharing personal details in a one-page description, attendees of this course are limited to self-advocates with IDD and their secretaries/advisors. If you need assistance filling out this form, please contact Ellen Jensby at ejensby@alliancecolorado.org or (303)832-1618 ext. 13. Please fill out this form completely and return it by May 31st to:**Ellen Jensby, 1410 Grant Street, Suite B305, Denver, CO 80207

**Attendee/Self-Advocate Information:**

Full Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Do you use a wheelchair or walker? Circle one: Yes No

Please let us know about any accommodations you need, like accessible materials or an interpreter (including your preferred interpreter service):

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please let us know about your special dietary needs:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*We will do our best to accommodate your needs. Please provide us as much notice as possible. We may be unable to accommodate some needs, like interpreter services, without more than two weeks’ notice.

Travel stipends of up to $250 are available for attendees traveling from more than 25 miles away. We will contact you for additional information if you apply.   
Would you like to apply for a travel stipend? Circle one: Yes No  
  
**Secretary Information:**

Full Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Relationship (circle one): Family member Friend Service Provider Advisor Other

Do you use a wheelchair or walker? Circle one: Yes No

Please let us know about any accommodations you need, like accessible materials or an interpreter:

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Please let us know about your special dietary needs:

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